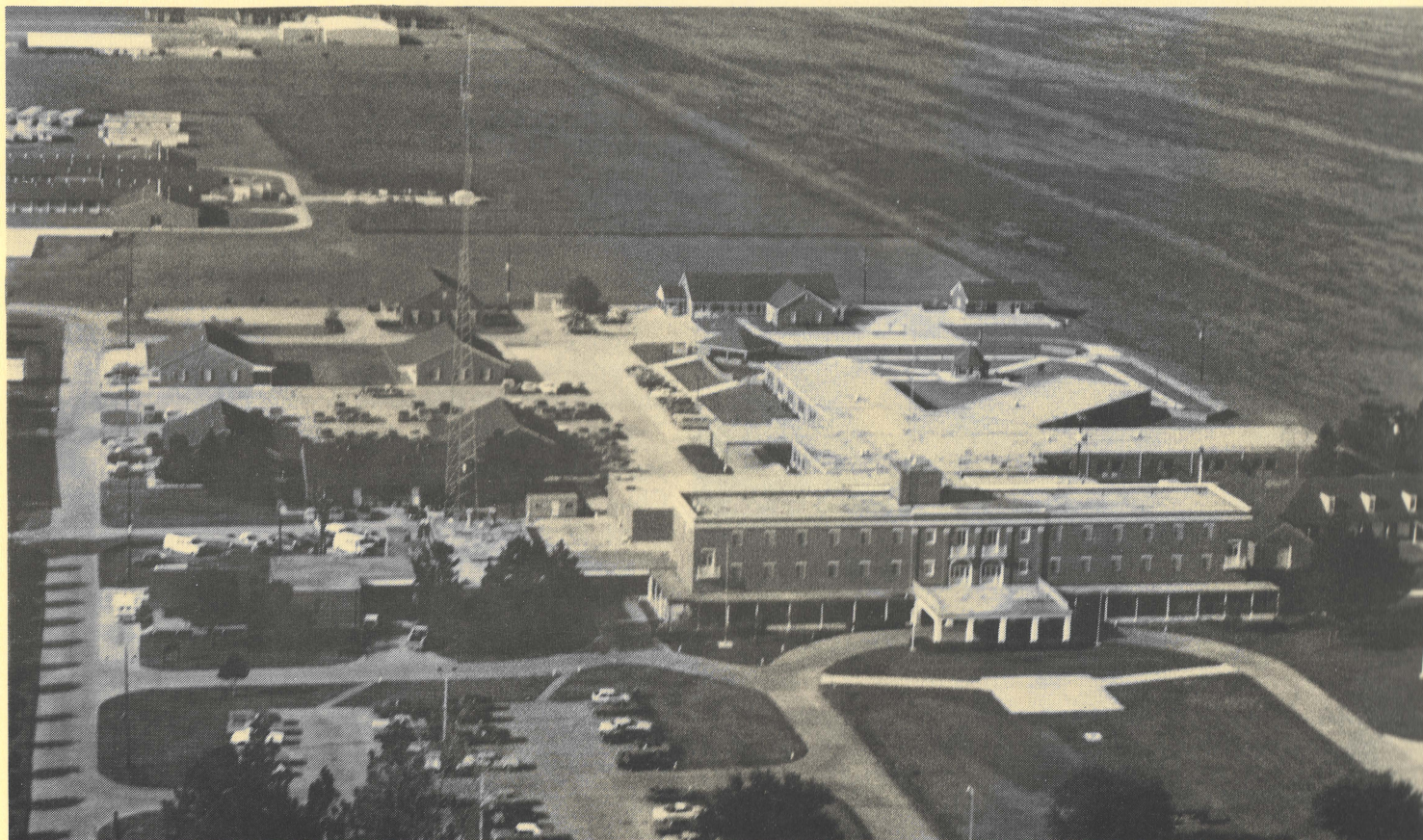


POINTE COUPEE GENERAL HOSPITAL PROGRESS NOTES Progressing, Caring and Growing

February 15, 1985

JOAN STRAATMANN, *Editor*



ADMINISTRATOR'S COLUMN

By: Jerry Marquette

There are many times we forget to say "thank you". I feel that "thank you" should be the most used words in our vocabulary. Therefore, I would like to take this opportunity to express my thanks for what we have accomplished in 1984.

"Thank You" to the People of the Parish for **Voting Yes** on September 29, 1984.

"Thank You" to the Pointe Coupee Parish Police Jury for forethought and support.

"Thank You" to the Medical Staff for making the necessary changes in the direction of **Intensive Care**.

"Thank You" to all the Employees of the PCGH for accepting change and the challenge to make our care the best there is.

"Thank You" to our Patients, in which we serve and care for both as in-patients and out-patients.

"Thank You" to our construction crew, (especially Ted LeBlanc), architects, contractors, and each worker for doing such an excellent job in preparing and building our hospital to the design of the future for Pointe Coupee Parish.

"Thank You" to both Nursing Homes in the Parish and all the other supportive Health Care Providers in the Parish for giving us the other resources to provide care out of the hospital setting.

We, the management at Pointe Coupee General Hospital are dedicated to serve the people of this Parish and provide health care at its state of the art. 1984 was only a beginning. In 1985 you will see further changes all geared to "**Progressing, Caring and Growing**" towards the continuous changes in health care.

"Thank You" for your Patience, **Understanding** and **Belief** in what we are doing at Pointe Coupee General Hospital.

POINTE COUPEE GENERAL HOSPITAL



'Bonne Sante'



A habit is something you can do without thinking. Which is why most of us have so many of them.

Let's welcome all the new Employees at PCGH since our last Newsletter.

Linda Bergeron, Out-Patient
Cindy Bond, RN
Alfred Burk, Security
Judy Coursey, RN
Mike David, Collections
Mary Debetaz, Insurance
Florence Hurme, Home Health, RN
Lee Jackson, Data Processing
Barry Janis, X-Ray
Bonnie Jewell, LPN
Juliet Kimble, LPN
Rebecca Koffman, Out-Patient
Lynn Landry, Ward Clerk
Cynthia Nipple, Out-Patient
Bernan Ready, Switchboard
Dianne Robertson, LPN
Allyson Schexnayder, RN
Katherine Schroeder, GPN
Thomas Sorrels, RN
Stephanie Terrance, Out-Patient
Charlie Mae Thorton, Housekeeping
Celeste Tullos, Home Health



Feb. 23 & 24: Physician ACLS Course.

April 14: False River Marathon Relay plus 5-mile Relay and Walkathon. The Relay is to benefit the National Sports Festival. So try to get your Teams together and enter now!

April 28: The GRAND OPENING of the Pointe Coupee General Hospital Expansion Project. Information will be forth-coming on this up-coming celebration!

June 1 The Annual Hospital Picnic will again be held at the Scott Civic Center.

During the month of March, Pointe Coupee General Hospital is sponsoring a program for educating the community regarding substance abuse prevention.

Shirley Smith, Regional Coordinator for S.A.P.E., and Maryann Hofstad, R.N. with Baton Rouge General Hospital Chemical Dependency Unit, will offer a workshop for the hospital employees and other interested people every Tuesday in March, from 6:30 — 8:00 p.m.

Local Residents in the field of education and medicine are invited to share their knowledge and experience in dealing with the problem of substance abuse in the community and surrounding areas.

The four 1½-hour sessions will meet in the LPN Classroom (old chapel building) at Pointe Coupee General Hospital.

Ever Notice . . .

. . . that the number of people watching you is directly proportional to the stupidity of your action?

. . . that whatever the person at the next table orders, it always looks better than yours?

EXERCISE

Daily exercise is one way to counteract medical problems, such as weakened muscles, stiff joints and diminished cardiovascular capabilities. Everyone can benefit from an exercise program.

The human body was made to move, and suffers from lack of movement. A muscle loses 3% of its strength in a day when it is not used. In physical therapy this can be corrected.

We know that Pointe Coupee General's Physical Therapist, Gordon Dodson, will never suffer from this problem! Gordon keeps a full schedule working with the Hospital patients, Nursing Home Patients, plus making Home Health visits to the patients. We have never properly welcomed Gordon to our Family, and would like to do so now. . .

Welcome!



Cajun II Electric Mock Disaster Drill.



What put Americans in hospitals last year? According to an insurance study, circulatory system problems accounted for 21% of male patients while digestive disorders ranked second with 16%. Pregnancy and childbirth caused 25% of all hospital stays for women. Another 10% of female patients received care for reproductive problems.

The study also found that even though hospitalized men usually have more serious problems, women are hospitalized more often.

**Happiness consists not
in having many things,
but in needing few.**



A Veterinarian in Great Britain received a phone call at midnight from an old Scotswoman. "I'm sorry to disturb you," she said, "but I can't get my two wee doggies apart."

"Why don't you try chucking a bucket of cold water over them," the vet suggested sleepily.

"I've already done that," replied the woman, "but they didn't pay any attention."

"Well . . . er . . . hit'em with a stick."

"I've tried that, too, but they just carried on."

"Okay," said the vet resignedly. "Put the receiver back on the hook. Then carry them over to the phone, and I'll ring them up."

"Oh," the old woman said doubtfully. "Do you think that will separate them?"

"Well," replied the vet, "it's just worked with me."

CONGRATULATIONS!

The Annual Employee of the Year Award was given to Maggie Ratcliff, R.N., Emergency Room Nurse.



EMPLOYEE BIRTHDAYS

3-4 Charlie Thornton

3-6 Mike David

3-11 Brett Smith

3-18 Dr. Helm

3-20 Terrilyn Nelson

3-20 J. P. Leonard

3-23 Jamie Harris

3-23 Pat Boyd

3-24 Dr. Gaupp

3-27 Dr. Montelaro

3-30 Donna Kimble

4-2 Ida Nell Gaines

4-5 Paula Turner

4-10 Mercedes Albert

4-15 Alfred Burk

4-15 Gary Williams

4-16 Paula Mack

4-16 Karen Fielder

4-25 Rebecca Koffman

4-26 Mary Anderson

4-28 Dr. Morrison

4-30 Dorothy Trim

4-30 Phillip Decuir

5-1 Rita Darensbourg

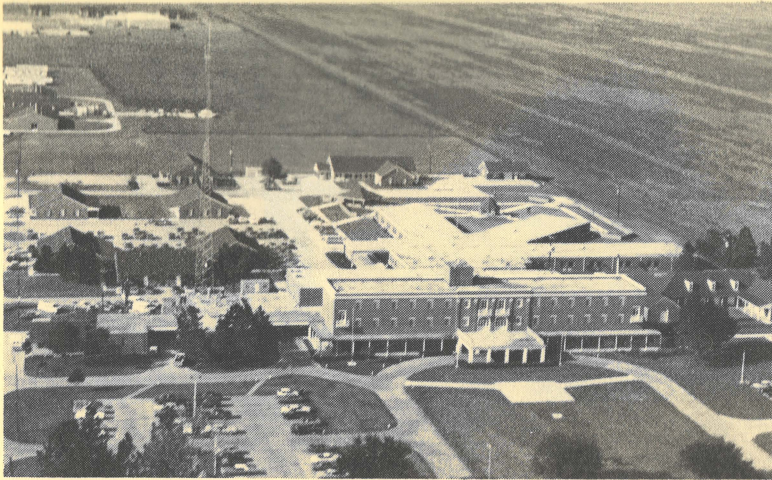
5-4 Roger Bazile

5-10 Juliet Kimble

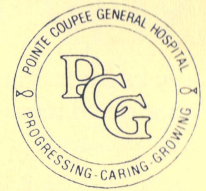
5-10 Virginia Bass

5-18 Janice Howard

5-25 Celeste Tullos



60-Bed Acute Care Hospital
 8-Bed Intensive Care Unit
 Emergency Room Staffed 24-hr.
 Nursing Service
 OB/GYN Services
 In & Out Surgery Services
 Lab
 Nuclear Medicine
 Ultrasound
 X-Ray
 Physical Therapy
 EKG/Stress Testing
 Respiratory Therapy
 Pharmacy
 Anesthesia



Dietary
 Housekeeping
 Medical Records
 Business Office/Administration
 Central Supply
 Maintenance/Security
 Home Health Services
 Out-Patient Clinic

'Bonne Sante' means 'Good Health'. At Pointe Coupee General Hospital, every service we offer means good health.

That's why we are offering to the community a chance to simplify the paperwork when being admitted to our Hospital, saving time and energy. By applying for a 'Bonne Sante' card to carry with you, you can take advantage of this tremendous service.

It's just one more way Pointe Coupee General is "Progressing, Caring and Growing" for the community. 'Bonne Sante'.



A few of our dedicated employees!

Congratulations to:

**Debbie Barnes, R.N., Fran Talbot, R.N., Julia Stauffer, R.N., Maggie Ratcliff, R.N.,
 Miriam Bissett, R.N. Rose Miller, R.N., Joanie Dazart, R.N., Allyson Schexnayder, R.N.**

All of these Pointe Coupee General Hospital Registered Nurses passed the Advanced Cardiac Life Support Course, sponsored by the American Heart Association.

The purpose of this ACLS Course is to test Physicians, Nurses, EMTs, and Peri-Medics, on their ability to care for critical cardiac patients. This testing includes intubation, intravenous therapy, cardiac monitor interpretation and emergency drug doses and usages.

If you're an adult of average weight here is what you accomplish in 24 hours:

**You drink 2.9 quarts of liquids.
 Your heart beats 103,689 times.
 Your blood travels 168,000,000 miles.
 You breathe 23,040 times.
 You inhale 438 cubic feet air.
 You eat 3¼ pounds of food.**

**You speak 4,800 words, including some unnecessary ones.
 You move 750 muscles.
 Your nails grow .000046 inch.
 Your hair grows .01714 inch.
 You exercise 7,000,000 brain cells.
 . . . Do you feel tired?**

Pointe Coupee Home Bound Health Services has been in operation since June, 1984, and we feel has become an essential part of Pointe Coupee General Hospital. The staff has grown to 3 registered nurses, 1 aide, and 1 secretary.

Because of Pointe Coupee Home Bound Health Services, PCGH has extended its services to all areas of Pointe Coupee parish and beyond. Patient visits have steadily increased and the goal is to increase these visits and provide the highest level of care possible in the home. If you know of anyone who could benefit from these services; nursing and aide visits, plus physical therapy, contact your doctor. If the patient has Medicare or Medicaid and meets the guidelines, these services are 100% reimbursable.



A hospital is a place where people who are run down generally wind up.



We have no right to ask when sorrow comes, "Why did this happen to me?"

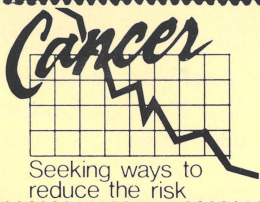
Unless we ask the same question for every joy that comes our way.



Pointe Coupee General Hospital's new Intensive Care Unit opened on January 14, 1985. We are very proud of this new, well-run unit, with Debbie Barnes as Supervisor. Round-the-clock intensive nursing is supplied by 11 dedicated employees.

All of the Intensive Care Nurses are certified ACLS (Advanced Cardiac Life Support).

31 patients have received ICU service in just over the month the unit has been open.



Back in 1960 only 25% of Americans with cancer could look forward to recovery. Today, 50% of cancer victims can expect to survive this dreaded and mysterious illness. By the turn of the century, many experts are predicting a 90-100% cure rate.

Medical treatments, early detection and prevention are important factors in winning the battle against cancer, plus improvements in surgery, chemotherapy and radiotherapy.

Mutual respect and trust are the secret ingredients of getting along inside the walls of a busy hospital. Each of us has our duty to perform. We are part of a large group functioning together to provide total care for our patients.

Sometimes it is difficult to understand the "ins and outs" of other departments, whose duties and responsibilities may be unknown to us. We must acknowledge their importance within the system. On the surface, others' tasks may even seem rather simple. We may think our department has far greater importance in the total hospital picture, but a little humility is helpful. We are interdependent. Often we do not understand each other's priorities. Rudeness and sarcasm do not accomplish anything, except to alienate and antagonize. Patience, understanding and common courtesy accomplish wonders.

Inevitable delays occur occasionally. You can be sure that when priority work is completed, the department that has demonstrated patience and understanding during a frantic time will receive earliest attention to their needs. In contrast, the individual who is rude, sarcastic and impatient will find his department's needs at the bottom of the list. To speed up production, use common courtesy with kindness, it helps.

Telephone courtesy is of great importance. Telephone requests to other departments are often required. Central Supply, X-ray, Kitchen, Housekeeping, etc. respond more quickly when we are approached with a gentle, kind manner, instead of a demanding, rude, insistent tone. We should remember the old adage, "Do unto others as you would have them do unto you". It still works!

BABIES, BABIES, BABIES!

Our first baby of 1985 was born on January 6, 1985, at 4:40 a.m., at Pointe Coupee General Hospital. A little girl was born to Tom & Lori McNicoll of Ventress and was named Elizabeth Ena, weighting 6 lbs., 12 oz. Elizabeth is their first child.

During 1984, Pointe Coupee General saw an increase in the babies delivered by Dr. Joe Wheeler at our Hospital, taking advantage of our new neonatal equipment and services offered.

Free prenatal classes are offered to our community's expectant mothers, fathers and any family members who wish to attend. Remember, **"Birth is a family experience,"** and we want to help the entire family be a part of it!

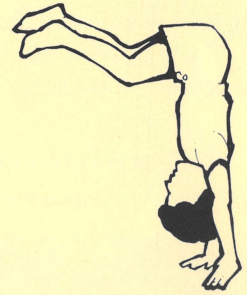
MOUTHS OF BABES DEPT.:

"Do you pray before meals?" the little kid was asked. "Oh no," he said, "my Momma's a GOOD cook!"

Oh Baby!

Babies born at Pointe Coupee General

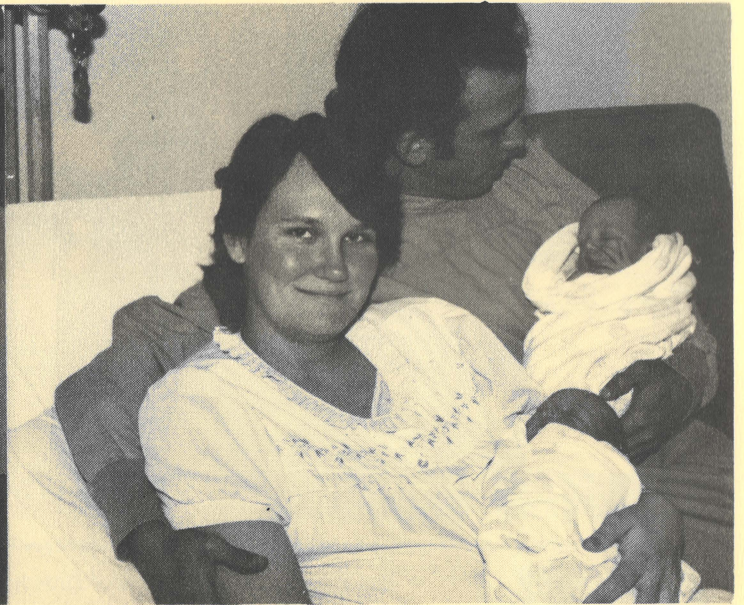
	1984	1983
Jan.	9	9
Feb.	8	13
Mar.	11	6
April	13	10
May	6	15
June	13	18
July	19	11
Aug.	14	14
Sept.	26	15
Oct.	17	16
Nov.	12	13
Dec.	15	8
Total	163	148



CONGRATULATIONS!!



. . . to Kathy & Oliver George, on the birth of their baby girl, Wendy Marchell, born on January 20. She joins 1 brother and 1 sister.



Kathy & Kenny Schroeder on the twins born to them on November 8, at PCGH. Brandon, 7 lbs. 1 oz., and Jessica Lynn, 6 lbs., 10 oz. will join an older sister, Amy.



THE PASSING OF THE 1984 SALES TAX!



